Institute of Home Economics
University of Delhi
Department of Fabric & Apparel Science

Under the aegis of IQAC

Organises a Short Term Course on

THE ART OF PERSONAL STYLING

In Collaboration with
Fashion Revolution India

17th- 25th June 2025
Conference Room
IHE, DU

Patron	Teacher In Charge	Coordinator
Prof (Dr.) Radhika Bakhshi Director	Prof (Dr.) Jyoti Aggarwal	Dr. Meena Batham Ms. Nitika Joshi

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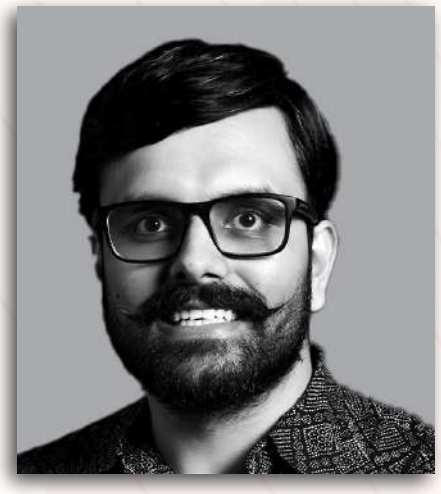
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17th-25th JUNE 2025

Speakers



Prof. (Dr.) Vaibbhavi Pruthviraj Ranavaade
Dean- Department of Fashion Design
Founder|Creative Director|Author



Mr. Ashish Dhaka
Director, Fashion Revolution India
Delhi



Prof. Saroj Bala
Department of Fashion
Pearl Academy, Delhi



Ms. Bela Kapoor
Associate Professor (Retired)
Institute of Home Economics, DU

Speakers



Ms. Gunjan Mehra
Makeup Artist



Dr. Garisha Arora
Assistant Professor
Institute of Home Economics, DU



Ms. Priyanka Pawar
Assistant Professor
Lady Irwin College, DU



Ms. Akanksha Jain
Assistant Professor
Institute of Home Economics, DU

About Department

The department of Fabric and Apparel Science at the Institute of Home Economics college is committed to providing holistic, multidisciplinary education aligned with the vision of the National Education Policy (NEP) 2020. Offering both undergraduate and postgraduate programs, the department integrates academic knowledge with practical skills in textile science, fabric processing, garment construction, dyeing, printing, quality control, and apparel marketing. Modern laboratories, textile testing equipment, and well-equipped design studios support hands-on learning and innovation.

The faculty, consisting of experienced academicians and industry professionals, play a vital role in nurturing critical thinking, creativity, and research aptitude among students- key competencies emphasized by NEP 2020. Through a flexible curriculum, interdisciplinary projects, internships, and field visits, students are exposed to real-world challenges, fostering experiential learning and entrepreneurial mindsets. The department also encourages research, innovation, and skill development through workshops, seminars, and design showcases, ensuring students are industry-ready and capable of contributing to national and global textile sectors. In line with NEP's focus on employability, creativity, and lifelong learning, the Department of Fabric and Apparel Science prepares students for diverse career paths and leadership roles in the evolving world of textiles and fashion. The department also has a centre for sustainable textiles "Kalptaru" where practices related to sustainability in the field of textiles are generally done.

About Short Term Course

The art of personal styling - Short-Term Course holds significant value for both personal and professional development. It empowers individuals to explore and refine their personal style, fostering confidence in their fashion choices. By blending creativity with practical skills, the course offers hands-on experience in areas like styling, draping, garment repair, and basic makeup and hair styling, making it highly applicable in real-world scenarios. It also emphasizes sustainability by encouraging conscious fashion practices such as repurposing clothes and curating capsule wardrobes. Furthermore, the course serves as a strong foundation for those aspiring to enter the fashion industry, offering essential knowledge and technical skills for careers in styling, personal image consulting, and fashion content creation. Finally, the portfolio development aspect of the course equips learners with a tangible, professional showcase of their skills, enhancing their readiness for job applications, freelance opportunities, or advanced studies in fashion.

Objectives:

- Understand fundamental concepts of styling, including personal style identification and wardrobe analysis.
- Explore the semiotics of clothing, diverse materials, and sustainable fashion practices like capsule wardrobes.
- Develop image styling techniques and enhance technical/computer skills for digital portfolio creation.
- Learn practical styling skills including draping, mending, garment revamping, and basic makeup & hair styling.
- Compile and present a professional styling portfolio for evaluation .

Detailed Schedule

17th June 2025: DAY 1 (Tuesday)

Introduction to Styling & Wardrobe Analysis

Resource Persons: Ms. Akanksha Jain & Ms. Manisha Kumari

Session 1(10am -12.30pm):

Introduction to Styling: Understanding the concept and scope of fashion styling.

Session 2 (1pm -3.30pm):

Identifying Personal Style: Creating a personalized handmade mood board to visualize individual aesthetics

Wardrobe Analysis: Assessing personal wardrobes to identify gaps, strengths, and signature pieces.

18th June 2025: DAY 2 (Wednesday)

Fashion Theory & Material Exploration

Resource Persons: Dr. Garisha Arora, Prof. (Dr.) Vaibbhavi Pruthviraj Ranavaade, Ms. Akanksha Jain & Prof. (Dr.) Charu Gupta

Session 1(10am -12.30 pm):

Semiotics of Clothing: Exploring the meaning behind clothing choices and visual communication in fashion.

Online session on Semiology in Fashion, Indian Sari: Sartoria & Semiotics.

Session 2 (1pm -3.30pm):

Material Exploration: Field-based or virtual exploration (e.g., Delhi/online stores). Study of Contemporary and Traditional Trims and Accessories.

19th June 2025: DAY 3 (Thursday)

Fashion Revolution- Mend in Public

Resource Persons: Dr. Garisha Arora, Mr. Ashish Dhaka, Prof. Saroj Bala & Dr. Meena Batham

Session 1(10am):

Introduction to sustainability and fashion revolution role's.

(10:45am - 12:45pm) :

Two hour workshop on mending and repair.

Session 2 (1:30pm -3.30pm):

"What's in My Clothes"

20th June 2025: DAY 4 (Friday)

Image Development & Technology in Fashion

Resource Persons: Dr. Meena Batham, Ms. Radhika Raj, Ms. Nitika Joshi & Dr. Divyansha Sharma

Session 1(10am -12.30 pm):

Image Styling and Personaliy Development: Understanding body types, skin tones, and face types to create flattering looks.

Session 2 (1pm -3.30pm):

Introduction to Fashion-Related Computer Skills : Basic digital tools for mood-boards, look boards, and portfolios

23rd June 2025: DAY 5 (Monday)

Draping Techniques & Garment Innovations

Resource Persons: Ms. Bela Kapoor, Prof. (Dr.) Jyoti Aggarwal & Dr. Swati Yadav

Session 1(10am -12.30pm):

Creative Draping Techniques: Contour Draping, Zero Waste Draping, Layering & Overlapping for visual impact

Session 2 (1pm -3.30pm):

"No Stitch, All Style: Exploring Button Masala Techniques"

24th June 2025: DAY 6 (Tuesday)

Makeup & Hair Styling

Resource Persons: Ms. Gunjan Mehra, Prof (Dr.) Amita Walia & Ms. Manisha Kumari

Session 1(10am -12.30pm):

Introduction to Makeup & Hair-Styling: Techniques for complementing styled looks

Session 2 (1pm -3.30pm):

Hands on Practice: Application of makeup and hair styling for various fashion themes

25th June 2025: DAY 7 (Wednesday)

Sustainable Fashion & Portfolio Building

Resource Persons: Ms. Priyanka Pawar, Ms. Akanksha Jain & Ms. Nitika Joshi

Session 1(10am -12.30 pm):

Capsule Wardrobe Planning: Building versatile, timeless wardrobes with minimal pieces.

Sustainable Fashion: Practices for conscious styling and ethical fashion choices.

Session 2 (1pm -3.30pm):

Portfolio Submission: Finalization and presentation of student portfolios. Certificate Distribution and Wrap-up

Desired Outcome of Course

- Gain a strong foundation in fashion styling principles and personal style development.
- Apply creative and practical skills in draping, wardrobe analysis, and garment revamping.
- Understand and implement sustainable fashion concepts, including capsule wardrobes.
- Develop the ability to style complete looks, including appropriate makeup and accessories.
- Create a professional portfolio that demonstrates styling capabilities and creative vision.
- Be prepared for entry-level roles in fashion styling or for pursuing advanced studies in fashion and design.

Target Audience:

Students, Aspiring stylists, Fashion lovers, Creatives, and Career switchers.

Organising Committee Members:

Dr. Charu Gupta
Professor
Department of FAS, IHE

Dr. Jyoti Aggarwal (Teacher-In-Charge)
Professor
Departmtment of FAS, IHE

Dr. Meena Batham (Convenor)
Associate Professor
Department of FAS, IHE

Dr. Amita Walia
Professor
Department of FAS, IHE

Dr. Divyansha Sharma
Assistant Professor
Department of FAS, IHE

Dr. Swati Yadav
Assistant Professor
Department of FAS, IHE

Dr. Noopur Sonee
Assistant Professor
Department of FAS, IHE

Ms. Manisha Kumari
Assistant Professor
Department of FAS, IHE

Ms. Nitika Joshi (Co-Convenor)
Assistant Professor
Department of FAS, IHE

Important Note

- Course completion certificate will be issued to all registered students who remain present on all days of the course (17th June to 25th June 2025) and participate actively.
- Registration fee- Rs. 3000/- to be paid for registration (Account details given below)
- Course , Date &Time- 17th June to 25th June 2025, 10.00 am to 3.30 pm
- Course venue- Conference room, Institute of Home Economics, Hauzkhas, New Delhi

Registration Link: https://forms.gle/V4C8nikYAeei4u7f6
Last Date of Registration: 15th June 2025
A/C Holder Name: INSTITUTE OF HOME ECONOMICS
Bank Name: Canara Bank
Account No.: 1445101561411
IFSC Code: CNRB0001445

For further information, please contact
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